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Uredil / Editor: Matej Mertik

Tehnično uredila / Technical editor: Zala Stanonik

Prelom / Pre-press preparation: Tjaša Pogorevc s. p.

Izdaja / Edition: 1. izdaja / 1st edition

Kraj / Place: Maribor

Založba / Publisher: AMEU – ECM, Alma Mater Press

Za založbo / For the publisher: Ludvik Toplak

Leto izdaje / Year of publishing: 2021

Dostopno na / Available at: <http://press.almamater.si/index.php/amp>

CIP - Kataložni zapis o publikaciji
Univerzitetna knjižnica Maribor

004.9:001(082)(0.034.2)

ZA človeka gre: digitalna transformacija v znanosti, izobraževanju in umetnosti (znanstvena konferenca z mednarodno udeležbo) (9 : 2021 ; Maribor)

Za človeka gre: digitalna transformacija v znanosti, izobraževanju in umetnosti [Elektronski vir] = All about people: digital transformation in science, education and arts : zbornik povzetkov = book of abstracts : 9. znanstvena konferenca z mednarodno udeležbo = 9th Scientific Conference with international participation : Maribor, 12. - 19. 3. 2021 / [uredil Matej Mertik]. - 1. izd. - E-zbornik. - Maribor : AMEU - ECM, Alma Mater Press, 2021

Način dostopa (URL): <http://press.almamater.si/index.php/amp>

ISBN 978-961-6966-74-0 (PDF)

COBISS.SI-ID 54791427

THE THERAPY OF CHRONIC VAGINAL CANDIDIASIS WITH EUGENOL FROM A COLD-PRESSED AND ETHERIC OIL A CASE REPORT

ABSTRACT

Candida albicans is normally present in the body and the vaginal mucosa. It becomes over-developed in cases of a low immune system, after the use of antibiotics, steroids or contraceptives, diabetes, disorders of vaginal acidity-pH. I.V. A 35-y-old married employed woman, one child-birth, was admitted with intense vaginal discharge with foul odor, itching. *Candida albicans* was isolated from the culture of vaginal swab. Treatment involves the use of local antimycotics and probiotics. After therapy, there is a short-term improvement. To the patient after nine months of disease duration, there was psychological problems, depression, painful intercourse, abstinence, ragades in the mucous membrane of the vagina, and an enhanced feeling of pain, burning, itching. Changes to the treatment of cold pressed oil Oil 45 a natural mixture of cold pressed non-filtrated and non-refined sesame oil and essential oils of cloves, and contains naturally occurring eugenol, linoleic acid and oleic acid. and Kandidol a natural mixture of cold pressed, non-refined and non-filtrated flax oil and etheric oils of cloves and larch. After seven days the symptoms disappear baking pain and itching, stop problems with headaches and pain in the shoulder, and painful defecation. After 15 days of therapy there are no symptoms of candidiasis. After three months of therapy, gynecological finding is neat.

Keywords: vaginal candidiasis, eugenol, cold-pressed and etheric oil

INTEGRATIVE HEALTH SCIENCES AND COVID 19. PREVENTION, THERAPY AND REHABILITATION. REVIEW ARTICLE

ABSTRACT

Integrative medicine includes the use of the best possible treatment and procedures of science, allopathic medicine in combination with the best methods of complementary and alternative medicine (CAM) and is based on the individual needs of the patient. On the basis of scientific achievements of official medicine in the prevention, diagnosis and treatment of disease, integrative medicine has taken the best of complementary medicine. Integrative medicine is essentially the application of a holistic approach to health care that re-integrates science and the art of healing. Coronavirus disease of 2019 (COVID-19), the disease caused by the Novel SARS-coronavirus-2 (SARS-CoV-2), was first described in Wuhan, China in December 2019. SARS-CoV-2 is a large RNA virus of the coronavirus family. Its route of infection mimics other members of the Coronaviridae family, which are responsible for many common upper respiratory infections. Viral infection of mucosal epithelial cells occurs and may be followed by aggressive replication that spreads the virus down the respiratory tree to the upper and lower lungs. Integrative medicine emphasizes the therapeutic relationship between practitioner and patient, is informed by evidence, and makes use of all appropriate therapies. As more effective conventional treatments for COVID-19 become available, and as primary prevention with a vaccine is developed, integrative approaches are likely to remain critically important in re-establishing well-being. A focus on restoring homeostasis plays a key role in IM. Even when diseases do not have clear treatment, practitioners can use the principles of IM to facilitate recovery.

Keywords: *integrative medicine. COVID 19. Prevention, therapy, recovery*

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**SPLETNO IZOBRAŽEVANJE OTROK Z AVTIZMOM
IN MOTNJAMI V RAZVOJU - NUJNOST MED
PANDEMIJO COVID-19
ONLINE EDUCATION OF CHILDREN WITH AUTISM AND
DEVELOPMENTAL DISORDERS – NECESSITY DURING
THE COVID-19 PANDEMIC**

ABSTRACT

December 2019 was the beginning of a change in the entire world scene. In a short period of time, the appearance of the COVID-19 virus has left an indelible mark on health systems, the economy, as well as on the lives of individuals. Every segment of society is affected. Proportional to the speed of the spread of the virus, it had to be the speed of finding solutions to all the challenges it posed to society. One of the basic questions was how to continue the educational process in the new circumstances. Given the way this virus is spreading, the use of information technology has emerged as a natural solution. Different models of education have been proposed, but most of them have included online learning in some segment. The aim of this paper is to present the recommendations of relevant institutions regarding the conditions in which education should take place in the 'new normal', changing the roles of educators, students and parents in the on-line educational process, with special reference to the implications that this model of work has, applied in working with children with developmental disorders. Also, a brief overview of the model of working with children with autism spectrum disorder in a non-school institution will be given. Writing about changes of such magnitude, we cannot help but look at the psychological consequences they leave on every person.

Keywords: COVID-19, educator, children with developmental disorders, parents